

# Resources for Students & Families

## GROUPS

### **one•n•ten**

one•n•ten hosts peer-to-peer support groups for LGBTQ+ youth between the ages of 11-24. [onenten.org](http://onenten.org)

### **Trans Spectrum of Arizona**

Trans Spectrum of Arizona hosts peer-to-peer support groups for transgender adults, and their family, friends, and allies. [tsaz.org](http://tsaz.org)

### **Q Chat Space**

Q Chat Space hosts peer-to-peer online discussion groups for LGBTQ+ youth ages 13-19. [qchatspace.org](http://qchatspace.org)

### **GLSEN Phoenix's SHINE Program**

GLSEN Phoenix's SHINE program is a leadership opportunity for LGBTQ+ students grades 6-12. [students@glsenphoenix.org](mailto:students@glsenphoenix.org)

### **Arizona Trans Youth and Parent Organization (AZTYPO)**

AZTYPO is a peer-to-peer support group for trans youth (under 18) and their families. [aztypo.org](http://aztypo.org)

### **Youth Poder**

Youth Poder is a youth-led program of the organization, Poder in Action. Youth Poder is made up of youth ages 12-35 who organize and stand up for youth of color in Phoenix schools. [poderinaction.org](http://poderinaction.org)

### **Puente Youth Movement**

Puente Youth Movement hosts workshops for youth ages 12-18 to gain community, knowledge, and opportunities to jump on social change campaigns, projects, and building their own school or community team.

[youth.puenteaz.org](http://youth.puenteaz.org)

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## HEALTH

### **Qutopia**

Qutopia is an online resource for transgender folx looking for transgender-inclusive healthcare providers. [qutopia.us](https://qutopia.us)

### **Phoenix Children's Hospital**

Phoenix Children's Hospital has a comprehensive gender transition clinic for youth 24 and under. [phoenixchildrens.org](https://phoenixchildrens.org)

### **Roo by Planned Parenthood**

Roo is an anonymous sexual health chat bot that answers questions about sexual health, STIs, and more! [roo.plannedparenthood.org](https://roo.plannedparenthood.org)

## EDUCATION

### **QU Scholarship**

The QU Scholarship provides a 2-year college scholarship for LGBTQ+ youth. [quscholarship.org](https://quscholarship.org)

### **GLSEN Phoenix PD Teacher Trainings**

GLSEN Phoenix offers Professional Development trainings for teachers to teach them how to best support their LGBTQ+ students. Talk with your teacher about scheduling a training today! [training@glsenphoenix.org](mailto:training@glsenphoenix.org)